

**Stallings Elementary  
Special Wellness Events 2011/2012**

Fuel up to Play 60 kick-off pep rally—Sept 16.  
Halloween Fun Run - October 29, 2011  
Jump Rope Festival - February 10, 2012  
Jump Rope for Heart - February 10-March 2, 2012-  
Health Fair - March 8, 2012  
Take Your Parent to PE Class - Kindergarten -last  
week of March  
Juvenile Kids Walk -to be announced March/April  
Bunny Hops - week of April 2, 2012  
K-2 Field Day - May 7, 2012  
May - PE and Sport Month  
3-5 Field Day - June 4, 2012



**Fitness Challenges for Students**

Kangaroo challenge  
Healthy Heart challenge  
Climbing the Pole challenge  
Push-up challenge  
Running for beads challenge

**Fuel Up to Play 60 Club**

Membership for students grades 4 and 5 to implement Fuel Up to Play 60 program for the whole student body.

## Open Gym

Monday, Wednesday, Thursday, Fridays

7:00-7:45 am

Participants:

- Need to arrive by 7:30 am. The door locks at 7:30 am.
- Need to enter through the side gym door.
- Parent need to sign-in a child.
- Need to leave book bags in the hall at the wall.
- Need to wear sneakers.
- Need to share equipment and space.
- Need to put all items back to its appropriate place.
- Need to go straight to their classrooms after the Open Gym.

Starting date: Sept.12, 2011

[bo.mielczak@ucps.k12.nc.us](mailto:bo.mielczak@ucps.k12.nc.us)



## Intramural Games

4th and 5th grades  
Thursdays 2:50-3:50 pm



### Participants:

- Must bring permission form (once for a whole year to participate in intramurals signed by their parents or guardians—available from front of-fice, Mrs.Mielczak, or PE website).
- Need to bring permission slip for each session to ensure parents' knowledge of child staying after school
- Need to bring \$2.00 to PE Equipment Fund (check to Stallings Elem. or cash).
- Need to bring note to classroom teachers about the change of way to go home. If in afterschool program, student needs to have note for AS teacher about participation in games.
- Need to have a ride home.
- Need to be picked up from the main entrance by 3:55 pm.

September 22	Indoor Soccer	February 2	Volleyball
September 29	Floor Hockey	February 9	Dodgeball
October 6	Volleyball	February 16	Basketball
October 13	Dodgeball	February 23	Handball
October 20	Basketball	March 1	Indoor Soccer
October 27	Handball	March 8	Volleyball
November 3	Indoor Soccer	March 15	Dodgeball
November 17	Floor Hockey	March 22	Basketball
December 1	Volleyball	March 29	Handball
December 9	Dodgeball	April 5	Indoor Soccer
January 5	Basketball	April 19	Floor Hockey
January 12	Handball	April 26	Volleyball
January 19	Indoor Soccer	May 3	Dodgeball
January 26	Floor Hockey		

## Intramural Tumbling

2nd & 3rd grade girls

Mondays 2:50-3:50

### Participants:

- Need to register before deadline to 6-week sessions.
- Pay \$12.00 for each session to PE equipment fund (check to Stallings Elem.)
- Must bring permission slip signed by their parents or guardians.
- Need to bring note to classroom teachers about the change of way to go home.
- Need to have ride home.
- Need to be picked up from the main entrance by 3:55 pm.

**1st session:** Sept.26—Nov.7, no class on Oct.10,

**2nd session:** Nov.14-Jan.2, no classes Dec 22, 29

**3rd session:** Jan.30-March 5

**4th session:** March 19- April 30, no class on April 9.

Registration: week of September 19. Limit: 12 girls  
per session

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